



Information for Surgical Patients



HEALTH SERVICES AUTHORITY
CAYMAN ISLANDS
Caring People. Quality Service.

95 HOSPITAL ROAD | P.O. BOX 915 | GRAND CAYMAN KY1 1103
TEL: (345) 949-8600 | FAX: (345) 949-2998 | WWW.HSA.KY

ADMITTING UNIT

(Please tick one):

- Surgical Maternity
 Paediatric ACU

Date: _____

Time: _____

WHAT TO BRING TO THE HOSPITAL

Small suitcase with the following items:

1. Toiletries (e.g. toothbrush, toothpaste)
2. Nightgown/pyjamas
3. Suitable underwear
4. Towels/wash cloth (optional)
5. Robe/Dressing gown
6. Slippers (non skid)
7. Sanitary pads (Gynae/Obstetric patients)
8. Suitable apparel to wear home upon discharge
9. **Any medication you are currently taking**

PLEASE DO NOT

1. Wear makeup, false fingernails, toenail or fingernail polish.
2. Bring any valuables such as jewelry or money
(The hospital will not accept responsibility for any lost or stolen items).

PRIOR TO SURGERY YOU WILL BE ASKED TO:

1. Sign a **CONSENT FORM** giving permission for surgery and the administering of anaesthesia.
2. Make appointments for Anaesthetic Clinic before leaving the compound. Anaesthetic Clinics are at the Specialist Clinic on Monday, Wednesday and Thursday between 1:30 PM and 4:00 PM (except public holidays).
3. Have lab work and EKG complete at least one week before attending Anaesthetic Clinic so that results will be available when you attend the clinic.

Lab hours for blood drawing are:

- 7:30 AM to 5:00 PM Monday - Friday
- 8:00 AM to 1:00 PM Saturday

PLEASE MAKE AN APPOINTMENT FOR YOUR EKG WITH THE CARDIOLOGY DEPARTMENT, Extn 244-2570.

4. **DO NOT EAT OR DRINK ANYTHING (INCLUDING WATER, CANDY OR CHEWING GUM) AFTER MIDNIGHT** the night before your operation unless otherwise instructed by your physician or anaesthetist.
5. Make sure you have someone to drive you home when discharged.
6. Stop smoking 2 - 6 weeks before surgery. Smoking may cause breathing problems during surgery.

NOTIFY YOUR DOCTOR

Should you develop any change in physical condition such as a cold, sore throat, persistent fever, cough or any other condition, please notify your doctor well in advance (at least one day before) your operation date.

ADDITIONAL NOTES:



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